

2026 USS After School Curriculum Schedule

correct as of 20 Jan 2026

Academic Intervention Programme- Mon-Thu (White cells)
Student Development / Well Being Programme (SEP/AAP/YSP/LEP/AMP) - Tue, Fri (orange cells)
CCA - Mon,Wed,Fri (Blue cells)
Note: Afternoon Activities can proceed as usual on Blended Learning Days (eg.via Google Meet) if necessary

Level/ Time	MON	TUE	WED	THU	FRI	
	2.30 - 3.30pm	2.45 - 3.45pm			1.30 - 4.00pm	1.30 - 5.30pm
Sec 1	EL	Curriculum Time/ (refer to timetable)	Math/MTL _(Selected 15 ss)	HMTL Lesson	Student Development Prog/ A-CARE-DEMY * Sec 3 EL (1:45-2: 45pm)	CCAs with Trainings on Fridays 1) Volleyball Girls 2) Table Tennis 3) Basketball 4) Scouts 5) Girls' Brigade and Boys' Brigade* 6) NCC* *only selected group for competition/when there is assessment
Sec 2	Math		Student Development Prog	EL/MTL _(Selected 15 ss)		
Sec 3	31,32 <small>(Selected students)</small> Pure Chem (Odd Wk) Pure Bio/Phy (Even Wk)	Student Development Prog	Math/A Math	HMTL Lesson/ MTL(2nd Sem)		
	33,34,3A,3B,3TSBB <small>(Selected students)</small> Sci Bio/Phy (Odd Wk) Sci Chem (Even Wk)			EL		
Sec 4/5	41,42,43,44,4A,4B, 4C,4TSBB,5A	41,42 Pure Chem (Odd Wk) Pure Bio/Phy (Even Wk)	41,42,43,44,5A HUM	HMTL Lesson/MTL		
	A Math/E Math	43,44,5A,4A,4B,4C,4TSBB SCI Bio/Phy (Odd Wk) SCI Chem (Even Wk)	4A,4B,4C POA	EL	43,44,5A,4A,4B,4T ART/DT/NFS	
Selected CCA/Grp	3.45 - 5.45pm	4.00 - 5.00pm	4.00 - 6.00pm	4.00 - 5.00pm		
	CCA Session	43,44,5A,4A,4B,4T ART/DT/NFS POA/Pure Geog/Pure Lit	CCA Session	LIT/ART/DT/NFS (SEC 3)		
		5.00 - 6.00pm		EL (SEC 4/5)		
		43,44,5A,4A,4B,4T ART/DT/NFS		Student Development Prog		